	Year 1 – Social and Emotional Skills	Year 2 – Social and Emotional Skills
Self-Reflection	 Children will talk about what skills and ideas they have used, including how they have helped them to perform better in a competitive game. Children will talk about how they can score more points and whether they have beaten their personal best. To discuss what skills they can use within a game or activity. Children will recognise different ideas that are being used and use them to help improve their own performance. To discuss what they have achieved within a game. To explain what skills and ideas have worked well. 	 To identify the skills and ideas they perform well. To identify the skills and ideas others perform well. To use comments from the teacher and other children to improve their own performance.
Learning from Others	 To use different ideas they have seen to help them improve within a game To watch a game and describe what is happening or has happened. To identify good examples of skills and copy them. Children will watch others and copy examples of high-quality actions. 	 To watch what others do and describe what they see. To watch each other perform and identify what ideas and skills are being used. To identify high quality skills in another child's performance and copy. To watch a specific element of a performance and talk about what they have seen. To comment on an action, movement or shape that has been performed well. To describe what they have seen (individual actions and shapes and sequences).