**ORRETS MEADOW GOVERNOR VISIT**

**Friday 4th May 2018**

**Focus – PSHE**

My thanks again for such a lovely visit to the school to meet my adoptive class. The focus of the visit today was to see how PSHE is delivered across the school.

The lesson began with a reminder to the class of the class rules, the rules surrounded respect and confidentiality so children understood the classroom is a safe place and they have the right to respect and consideration.

Miss MacGregor explained to me how the resources being used fitted in with the overall planning of the subject and the various areas they would need to focus on. The session today was to raise awareness of first aid, about how we stay safe, identify risk and being aware of how we can all help one another to stay well and safe. In previous lessons they have covered personal hygiene and oral health.

Pupils had to think about what first aid was and what that meant. The children worked on three tables with an adult and were given four everyday scenes. Discussions round what risks there could be in each scenario and how help could be given to reduce the chance of anyone being hurt. The children were good at identifying risks in the pictures and as a whole class they shared the results of their findings.

All the pupils participated and a lot of information was shared within half hour session in the classroom.

After our class session I was able to join the children for their lunch and today it was fish and chips, lots of smiling faces and empty plates. I can understand why the school kitchen achieved 5 star rating because the food was delicious. After lunch the pupils are offered different clubs and because of the lovely outside areas and good weather it was a pleasure to be outside.

I was able to walk around the outside area with Mr Patten the Chair of Governors, we visited the eco club and the pupils were happily digging away preparing the beds for the spring planting. The red jumpsuits, gloves and shoe covers meant they were equipped to deal with the most persistent. The apple trees were in full blossom and the strawberry plants had lots of flowers so I hope this year there is a bumper crop.

I must note that when I went back to the classroom to collect my handbag after the lunchtime Miss MacGregor was asking each pupil as the register was done how each of them felt about lunchtime and they had to score how they felt by 1 being the lowest - no so good and 10 being the highest - feeling good. Lots of 9 and 10’s so I am sure many happy faces in the afternoon lesson.

My thanks again to all the pupils and staff, I always enjoy visiting when the children are in and the school comes ‘alive’.

I hope to return soon and let us hope the weather was as good as today.

***Cindy Cooper***

***Governor***