



Summer Term 2017 PE Review

Building on previous successes such as the Sainsbury's School Games Gold Award and our Merseyside Sport Primary School of the year award in 2016, we have continued to look for new and innovative ways of further improving our PE and school sport. Our aim is to provide as many positive opportunities for our young people as possible. Orrets Meadow School is striving to maintain its Gold Award again for this academic year and is also aiming to achieve the AfPE Quality Mark.

Competitive opportunities

Each half termly scheme of work delivered in school culminates in a Level 1 intra-school event to engage as many youngsters as possible. This then feeds into a Level 2 inter-school event to be held in the last week of each half term. As much as possible, events coincide with national and international events to have the "Wimbledon effect" on youngsters and inspire them to participate in sports beyond the school gates.

This term we have taken part in a number of sports festivals and opportunities:

A group of our athletes went to the Oval Athletics Track in Bebington to compete in Quadkids. Quadkids gives pupils the chance to participate in outdoor track and field athletics. It is inclusive, competitive, quick and fun and allows all pupils to compete in each of the four activities: a standing long jump, vortex howler throw, sprint and long distance run. The children had a super time and came back full of enthusiasm for athletics and trying to beat their personal bests



Merseyside School Games Polybat Final

We were extremely proud of Class 3 who qualified for the Merseyside final of polybat (an inclusive adapted form of table-tennis). The children enjoyed a morning at Greenbank Academy in Liverpool, representing Wirral against the other districts of Merseyside. Wearing their official Wirral t-shirts, the children played brilliantly and showed the spirit of the games: teamwork, honesty, self-belief, determination, passion and respect. We are extremely proud of their 5th place finish.



Sainsbury's School Games Day

The School Games is a unique opportunity to motivate and inspire millions of young people across the country to take part in more competitive school sport. Our participation in the games has built on our existing work to offer pupils a year-round programme of regular intra-school competition in a number of sports that culminated in a School Games Day on 5th July.

The day began with an opening ceremony including a performance by the dance club. During the day each child was offered 2 hours of curriculum PE time and a range of break-time and lunch-time options. Staff were trained in using the resources to lead activities and events included:

- Boccia
- Dodgeball
- Badminton
- Volleyball
- Football
- Golf
- Handball
- Tennis
- Cycling
- Orienteering
- Sailing



There was a major focus placed on a set of values developed by young people called the 'Spirit of the Games'. The values are self-belief, honesty, teamwork, respect, determination and passion. Trophies and certificates were given out to those pupils demonstrating the values. One of the highlights of the day was the fantastic job done by our student leaders (School Sport Organising Crew/Young Ambassador Leaders) who took on roles such as planning, equipment organisation, media, officiating and coaching. This year's programme saw the leaders 'buddy up' with younger children to mentor, providing leadership opportunities for over 30 of our children. They showed great enthusiasm, maturity and independence and helped the rest of the children and staff to have a wonderful day.



Enrichment Activities

Alongside competitive events we have continued to provide a range of enrichment activities for the children. The Summer Term has seen the continuation of the extremely popular Dance Club. We employed the services of a specialist dance teacher Miss Corcoran (assisted by Mrs Walsh), to lead a group through a range of different styles of dance culminating in a street dance performance at a dance festival at Clare Mount Specialist Sports College in June. They gave an excellent stage performance full of energy and fun and received very positive feedback from judges.



Year 5 pupils were delighted to receive 5 weeks of fencing led by a specialist instructor. Many of the children described the fencing sessions as their favourite activity they have done so far at school. Adventurous activities such as fencing, taekwondo and judo help to instil sporting values such as respect and discipline. The instructor was full of praise for the children's behaviour, enthusiasm and determination to improve.



Barnstondale Residential Trip June 2017



Year 6 had an amazing time on a 3-day residential visit to Barnstondale. It was an action-packed trip full of outdoor and adventurous activities such as climbing, abseiling, archery, rifle-shooting, problem-solving, orienteering and for the first time - sailing. The different groups of children mixed really well and both worked and played with a co-operative and collaborative spirit. Friendships were made and the children grew in confidence and maturity. Social activities such as the campfire, talent show and movie night helped to add to the fun had throughout the daytime activities. Since returning to school, the children have been positive towards all aspects of school life and most regard Barnstondale as the best experience of their school lives so far.



Inspiration

'Team Up' project launch with Sam Quek



As part of the launch for the Team Up project 11 of our Year 5 & 6 girls were invited to an amazing inspirational talk and masterclass led by local Olympian Sam Quek. (Olympic Gold Medallist Rio 2016 - hockey) The girls were so excited to meet an Olympic hero - and someone who had appeared on I'm a Celebrity Get Me Out Of Here! The Team Up project was launched in the context that between 2017 and 2019 England will be host to three consecutive women's World Cups. The England and Wales Cricket Board (ECB), England Hockey and England Netball have launched a three year campaign to maximise the legacy of the World Cups and build a broader fan base for women's team sports. As a school we will have and will be arranging girls' fixtures and tournaments focusing on these three sports with the emphasis on fun and friendship.

Everton FC

We have been extremely lucky to enjoy several coaching sessions from Everton FC both in curriculum time and during our 'well-being' week. With an emphasis of fun and inclusion, everyone had a great time whilst developing their skills.



Extreme Sports Hub



Following on from the highly successful inspirational masterclass by Jenna Downing earlier in the year, the children were invited back to join an extreme hub launch led by Wheels Extreme. 10 of our Year 5 & 6 children were given the opportunity to try out inline skating, skateboarding and mountain biking. The sessions were led by Neil Danns (former European skateboarding champion), Jenna Downing (former World Champion in-line skater) and Dave Cutts (former police officer and Bike Right instructor).

Physical Education and Sport Apprentice Scheme

Using some of the PE Premium funding, Orrets Meadow recruited a full-time Physical Education and sport apprentice. Due to the career progression of our apprentice Levi Wooley we have been lucky to have had Jackson McKeever join the staff assisting in morning lessons and sessions such as sensory circuits, extra-curricular activities and PE lessons every afternoon. He has been instrumental in the running of sensory circuits, the leadership programme and intra-school competition. Additional duties have included managing and organising equipment and updating the school website and social media.

The value the position of a PE apprentice can bring to school includes:

- Role-models for pupils in school. Young men or women contributing to society by working with passion and enthusiasm
- They assist with PE lessons enabling teachers to enhance their practice, provide differentiated learning and in some instances the apprentices can lead parts of lessons and advise on coverage of units and session ideas
- They contribute to other subjects e.g. reading, maths and groups interventions
- Help to transform extra-curricular sport and activities
- Help to get less active young people interested in sport and physical activity thus contributing to their general health and well-being
- Lead on competitive sports opportunities through schemes such as the School Games

The scheme has proved to be a great success this year and we owe a huge amount of thanks to Levi and Jackson for their enthusiasm and hard work. They have helped to achieve many of the above aims and provided children with positive experiences of PE and school sport. Orrets Meadow is actively seeking a replacement for the next academic year as Jackson looks to move into a career in professional football.

Staff training

Staff have continued to be offered a rich and varied programme of CPD and training including Leadership in school sport, striking and fielding (Matalan TOPs), athletics, assessment and the school games. Mr Saul has led some theory based sessions, alongside individual support sessions. This has been reinforced by practical staff meetings, jointly-led with Jon White from Clare Mount Specialist Sports College. As part of training, teaching staff have been involved in a comprehensive PE and school sport audit. The school has reviewed its current strengths and has highlighted areas for development.



Monitoring and assessment of the impact of PE funding

Building upon past successes new specific areas for support were targeted and used as a basis for planning, mentoring and CPD for staff on an individual basis. A large focus has been on the deployment of TAs and assessment for learning and this has been monitored during lesson observations, assessment scrutinies and learning walks. We have continued to monitor and assess the impact of PE funding is having on pupil participation and pupil progress.

Since the beginning of the academic year, registers of extra-curricular clubs have been closely monitored to identify trends and patterns within the school population. Less physically active pupils were identified and efforts were made to inspire those children to participate. Activities were matched to meet the needs of pupils within secure enjoyable environments. This has been helped further by the leaders from our Young Ambassador Peer Leaders Programme.

Leadership

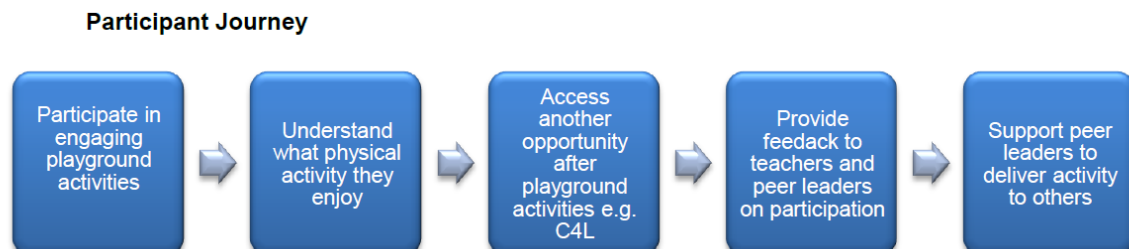
A continuing focus for Orrets Meadow this year has been leadership. Improving the independence of pupils is a whole-school priority and leadership through PE and sport can help to achieve these aims. We embarked again upon the Young Ambassador Peer Leader Programme and 10 volunteers from Y6 enjoyed training in leadership and inclusive activities.

YA Peer Leaders is an intervention, funded by the Department for Education, providing young people in Years 5-9 the opportunity to step onto the leadership ladder. YA Peer Leaders receive training to develop their leadership skills and improve their delivery of inclusive physical activities through learning and applying the STEP principle.

YA Peer Leader Journey



Each YA Peer Leader delivered a minimum of **12 weeks/sessions of lunchtime activity** (or at another time during the school day) to pupils who have been identified as **not currently being fully engaged by the current sport offer** and other pupils in school. The participants went through the following journey on the programme:



The programme aims to increase the activity levels of young people in KS1-2 and provide them with the motivation to seek further opportunities in both leadership and school sport.

Pupils were surveyed for their views and levels of activity in week 1 of the programme and that was repeated after week 12 to measure progress.

Young Ambassador Peer Leaders will:

1. Be the youth voice for PE and school sport in their school and community
2. Promote the positive values of sport
3. Be a role model and will champion PE and school sport
4. Increase participation opportunities and healthy lifestyles for everyone

The programme was co-ordinated by Mr Saul and the PE Assistants. The leaders have been brilliant leading sessions with confidence, commitment and skill. They have taken on roles such as equipment organisers, planners, officials and coaches. The participant children have enjoyed a range of new activities and games within the inclusive activity areas of boccia, New Age Kurling, athletics, sitting volleyball and goalball and more formal sports such as cricket, tennis and football.



Impact of PE and Sport Premium Funding 2016-17

Analysis of YA Peer Leader Programme

The results of the YA Peer Leader Programme surveys have been overwhelmingly positive. Based upon pupil perception but also reinforced by register data, there have been significant improvements in areas such as happiness, confidence, rigorous physical activity levels and participation in school games and activities. This research is of course part of a holistic picture, with all areas of school life making a valuable contribution to development of our young people. The results will be used to inform current and future practice in PE and school sport at Orrets Meadow. Below are some selected results to highlight the impact of PE and Sport upon our young people's lives:

Whole-School	Every Day		Most Days		Some Days		Never	
	Wk 1	Wk12	Wk 1	Wk12	Wk 1	Wk12	Wk 1	Wk12
Happy	55%	61%	25%	23%	20%	16%	0%	0%
Confident	45%	57%	22%	28%	25%	12%	8%	3%
More than 60 mins activity	29%	45%	32%	27%	32%	25%	7%	3%
Feel happy when playing games	68%	82%	16%	9%	16%	9%	0%	0%
Take part in activities/games in school	75%	83%	14%	9%	9%	6%	2%	2%

Leaders	Every Day		Most Days		Some Days		Never	
	Wk 1	Wk12	Wk 1	Wk12	Wk 1	Wk12	Wk 1	Wk12
Happy	17%	42%	58%	42%	25%	17%	0%	0%
Confident	42%	58%	17%	17%	33%	17%	8%	8%
More than 60 mins activity	25%	25%	58%	58%	17%	17%	0%	0%
Feel happy when playing games	67%	92%	33%	8%	0%	0%	0%	0%
Take part in activities/games in school	83%	100%	17%	0%	0%	0%	0%	0%

Impact on PE and School Sport (Academic Year 2016/7) so far:

- 92% of pupils have participated regularly in **extra-curricular** activity
- 97% of all pupils participated in inclusive **extra-curricular** games and activities as a direct result of the **YA Leadership programme**
- 87% of pupils have represented Orrets Meadow in **inter-school competition**
- 100% of pupils have participated in a **competitive sports fixture** (including intra-school and virtual competition)

Pupil progress:

- 97% of pupils making **good progress or better** since July 2016
- 12% of pupils making **better than expected progress** since July 2016

Current pupil views:

- 99% of pupils say they are making progress in PE
- 91% of current pupils enjoy PE lessons; 9% say it is 'OK'
- Rugby, taekwondo, judo, fencing and boccia (activities directly influenced by the PE and sport premium funding) are high-ranked in favourite pupil activities and several pupils have joined our local club links in judo and taekwondo.

These results and preferences are used to inform planning of lessons, festivals and competitive opportunities. The results are also monitored to see if other activities covered at Orrets grow in popularity due to high quality teaching and learning or increased opportunity. This has certainly been the case for dance, taekwondo, judo and fencing.

As Orrets Meadow strives to further improve the quality and quantity of PE and school sport, applications will be made to maintain our current Gold Award from the School Games and to achieve our next aim: the Association for PE Quality Mark.

