04/05/ 2018.

Ian Patten, Class 7 visit. Class Governor

On arrival at school I was met by very welcoming staff and pupils.

My visit was to observe PSHE Healthy Eating (Nutrition and Food)

The classes were split into smaller groups of 3, the brief was to plan a main meal. They had to use the plate planner to contain the food groups, to keep it healthy. (some of the ideas they come up with were Pasta tuna Bake, Omelette served with salad and showed how they would split the salads down to ensure this would suit all dinners) they come up with menus and even a shopping list of ingredients.

I found them all to work as a group and all listened to each other’s choice of food to be included into the menu.

I was also able to discuss with the pupils over lunch what they thought of the food served at lunchtime. I thought the food was very well presented and there was a nice selection to choose from. I feel the cook has done well listening to what the pupils required. It was nice to see the older pupils helping the younger pupils and helping to serve and clear tables. I found the dining room to be caring and calming environment with calming music.

For the in-house catering team to receive 5-star rating from the local authority is well deserved and shows a great commitment to the school and food provided.

I also observed the a few lunch time clubs they were very well attended All the pupils I observed behaved impeccably on a very sunny Friday.

I would like to take this time to thank all in Class 7 and all the other pupils for a very enjoyable visit. I am looking forward to seeing the whole again very soon. I find all the children to be vey polite pupils and very caring for each other.

Ian Patten

Glass governors 04.05.2018